

Brow Lamination Pre and Post Care Instructions

Pre-Procedure

- Do not receive any chemical peels for at least 7 days prior to treatment.
- Do not exfoliate the eyebrow area for at least 72 hours before the lamination treatment.

Post-Care

- Do not wet or rub your eyebrows for 24 hours.
- Do not apply any cream, oils, or makeup to your eyebrows for 48 hours.
- Avoid sun exposure, tanning beds, saunas, hot showers, excessive sweating, and swimming pools for 48 hours.
- Do not exfoliate the brow area for at least 72 hours after treatment.
- Do not apply Retin-A, or AHA ("alpha-hydroxy acids") for at least 72 hours post treatment.
- Avoid sleeping on your face for the first 24-48 hours.

Date *

MM/DD/YYYY

Signature *