BioRePeel Pre/Post Care Instructions

BioRePeel has minimal to no downtime, meaning you will not experience the excessive peeling associated with most other TCA peels. It is safe for all skin types, tones, ages, and is safe to use all year round because this peel is not photosensitive. You will see immediate results and an instant glow, as this peel helps to shed dead skin cells, exfoliates, and hydrates the skin's surface. Long term benefits include improvement in fine lines and wrinkles, lifting pigmentation, even skin texture and alleviates acne and scarring.

To get the most out of your treatments and optimize results, please follow the following instructions:

Pre-Procedure Instructions:

- Avoid exfoliating the skin for minimum of 48 hours prior to treatment.
- Discontinue AHAs, retinols, and Vitamin C for 7 days prior to treatment.
- Avoid self-tanning and excessive UV exposure for 7 days prior to treatment (tanning lotion, tanning bed, spray tans)
- Avoid waxing, tweezing, or bleaching the area for 14 days prior to treatment.
- Avoid excessive sun exposure for 14 days prior to treatment.

Post-Treatment Instruction:

- If possible, allow 24 hours before applying makeup or sunscreen (we recommend a mineral based makeup for the first 48hrs).
- Avoid AHAs, BHAs, and retinols for 14 days post treatment.
- Do not wax, tweeze, or bleach the area for 14 days post treatment.
- Keep the skin hydrated with a gentle moisturizer.
- Avoid any inflammatory medications for at least 14 days post treatment.
- To prolong your results, always wear sunscreen and protective clothing (wide brim hat) with prolonged sun exposure.

Please review the following CONTRAINDICATIONS to receiving the BioRePeel:

- Pregnant or breastfeeding
- Accutane/Isotretinoin (current or within the last 6 months)

- Neurotoxin within the last 3 days.

First Name: *

Last Name: *

Date *

MM/DD/YYYY

Signature *