Liquid Rhinoplasty Pre & Post Care

A liquid rhinoplasty, or “non-surgical nose job”, is an excellent treatment for those wanting to smooth bumps, correct asymmetry, and make the nose appear more aesthetically pleasing. This is achieved by adding filler to specific areas of the nose (bridge and tip). As with any filler, longevity will vary from patient to patient but can last anywhere from 6 months to 2 years.

Pre-Treatment

- If approved by your primary care physician, please discontinue the use of any blood-thinning medication prior to your treatment.

Post- Treatment

- You may experience swelling, redness, and bruising right after your treatment. These side effects are ***NORMAL*** and will go away within a few hours or days.
- The filler will still be malleable immediately post treatment. To avoid migration, please avoid touching or moving the treated area for the first 12 hours following your treatment. This includes wearing eyeglasses and scrunching your nose.
- You may apply ice packs as needed to help with any discomfort and swelling. Be cautious to not apply direct pressure to your nose.
- You may resume normal daily activities immediately following your treatment, but it is recommended to avoid exercise or anything that will cause excess sweating for the first 24 hours.
- It is recommended to wait a minimum of 2 hours before washing the face or applying makeup. If you need to apply makeup, take extra care to not press firmly on the nose.
- Avoid drinking alcohol for the first day after your treatment so bruising does not increase.

Please call ***AND*** text the office if you notice any of the following in the treated area: change in skin temperature (feeling cool), change in skin color (dusky/pale), or significant increase in pain.

Date *

MM/DD/YYYY

Signature *